

## Recommended Resources: Chapter 3

*Suggestions for further reading to extend and deepen knowledge and to add context.*

*You are urged to preview recommended sources and judge their suitability for your own classroom use.*

### Publications

Graziano, L. (2012). *Meet Your Happy Chemicals: Dopamine, endorphin, oxytocin, serotonin*. Oakland, CA: System Integrity Press.

The author demonstrates that happiness is strongly influenced by biochemical processes in the brain, but we have considerable capacity to take responsibility for the workings of those processes. An enjoyable read.

Altevogt, B. M., Pankevich, D. E., Shelton-Davenport, M. K., & Kahn, J. P. (eds) (2011). *Chimpanzees in Biomedical and Behavioral Research: Assessing the necessity*. Washington, DC: National Academies Press.

From an American non-governmental but highly influential advisory organisation, this [presentation](#) provides clear, modern guidelines in striking a suitable balance between the needs of research and the protection of primates.

### Websites

[IB Psychology InThinking subject sites](#)

*A paid subscription is required to view most of the materials on this site, which is constantly revised and updated.*

Contains excellent, up-to-date material specifically for IB requirements. The section on the role of animal research in understanding human behaviour is especially recommended, including: [Ethics and animals presentation](#).

[Psychlotron](#)

A comprehensive website for studying psychology at this level, with recommended material on the brain and the nervous system, and on genes and behaviour. This site tends to specialise in presentations and worksheets.

[Resourcd](#)

The psychology section of this website contains a wide range of videos on biological-approach topics, such as the brain and the nervous system, and on genes and behaviour.

[The Psychologist](#)

A regularly updated site from the British Psychological Society. Includes, for example, a discussion on [Testosterone and male behaviours](#) (January 2009).