The sum of the first 11 terms of an arithmetic series is 3 times the sum of the first 5 terms. The 8th term is 53 . Find the common difference.

$$
\begin{aligned}
& S_{n}=\frac{n}{2}\left(2 U_{1}+(n-1) d\right) \\
& S_{11}=\frac{11}{2}\left(2 U_{1}+10 d\right) \\
& S_{11}=11\left(U_{1}+5 d\right) \\
& S_{5}=\frac{5}{2}\left(2 U_{1}+4 d\right) \\
& S_{5}=5\left(U_{1}+2 d\right) \\
& S_{11}=3 S_{5} \\
& 11\left(U_{1}+5 d\right)=3 \times 5\left(U_{1}+2 d\right) \\
& 11\left(U_{1}+5 d\right)=15\left(U_{1}+2 d\right) \\
& 11 U_{1}+55 d=15 U_{1}+30 d \\
& 25 d=4 U_{1} \\
& 25 \\
& \hline 4 \\
& d=U_{1} \\
& U_{n}=U_{1}+(n-1) d \\
& 53=U_{1}+7 d \\
& 53=\frac{25}{4} d+7 d \\
& 112=25 d+28 d \\
& 112=53 d \\
& 4=d
\end{aligned}
$$

