The sum of the first 11 terms of an arithmetic series is 3 times the sum of the first 5 terms. The 8th term is 53. Find the common difference.

$$S_{n} = \frac{n}{2} (2U_{1} + (n - 1)d)$$

$$S_{11} = \frac{11}{2} (2U_{1} + 10d)$$

$$S_{11} = 11(U_{1} + 5d)$$

$$S_{5} = \frac{5}{2} (2U_{1} + 4d)$$

$$S_{5} = 5(U_{1} + 2d)$$

$$S_{11} = 3S_{5}$$

$$11(U_{1} + 5d) = 3 \times 5(U_{1} + 2d)$$

$$11(U_{1} + 5d) = 15(U_{1} + 2d)$$

$$11U_{1} + 55d = 15U_{1} + 30d$$

$$25d = 4U_{1}$$

$$\frac{25}{4}d = U_{1}$$

$$U_{n} = U_{1} + (n - 1)d$$

$$53 = \frac{25}{4}d + 7d$$

$$112 = 25d + 28d$$

$$112 = 53d$$

$$4 = d$$